

A SOLACE OF SOLITUDE

***And when He had sent the multitudes away,
He went up into a mountain apart to pray:
Matthew 14:23***

It is noteworthy that even Christ Himself, when He was here among us, continually separated Himself from the clamor of the crowds. He simply had to detach Himself from the pressure of people and the crush of the cities to find solitude on the mountain slopes. Nor is it mere accident that we are told again and again by those who were closest to Him.

Finding stillness was an essential part of His life.

He did not neglect this exercise.

It was something He did continually at personal cost and the risk of gross misunderstanding.

It was the sure guarantee that His character would not be compressed or deformed by His contemporaries.

It was the stillness of the night that He gave Himself to prayer, to meditation, and to quiet spiritual communication with His His Father. These were interludes of inspiration, uplift, and restoration for His spirit.

If such moments were precious to Him, how much more so it must be true for us! It is in these quiet times that we can be open and receptive to the still small voice of the Most High.¹

¹ Philip Keller, Songs Of My Soul