

# MASTURBATION

## \*\*\* WARNING \*\*\*

Read this if you want to be convicted about Masturbation  
Do NOT read this if you have no desire to change

## INTRODUCTION

I'm sorry, I wish that there was a 11th commandment that says "Thou shalt not Masturbate." This would solve all of the problems. Since there is no such direct commandment, we will have to see what God's will is by principle, and precept.

Are you SINGLE?

I will be attempting to show God's will in this area

Are you MARRIED (God's plan, 1 Corinthians 7:3,4)

Sorry, marriage doesn't solve all of the problems. I have spoken to many married men, and they must still control their drives. The old joke, "Not tonight honey, I have a headache." Isn't a joke.

Are you MALE?

Congratulations. You have been given hormones by God. Commandment # 7 says that, "Thou shalt not commit adultery (married to married, or married to unmarried)." 1 Corinthians 7:2 says to avoid fornication (unmarried too unmarried). Therefore, you must control your hormones, thought, etc. in the area of sexual relations with another person.

## THE EXAM

### TEST #1 -- HOW WAS IT REALLY?

Please think back to the last occurrence. How did you feel afterward? Other than a feeling of release/relaxation that you get from your body dumping hormones into your bloodstream, what were your thoughts? Did you feel empty/pointless? Did you still feel lonely? A sense that the action didn't really satisfy all of your "needs?" Did, "This is stupid," go through your mind? That it was Self-satisfaction without love? Before the act, you were excited, driven; after, you were convicted. Possibly you experienced

James 1:8, "A double-minded man is unstable in all his ways."

Matthew 26:33, 26:75. Where Peter said he would die with Jesus, later, he didn't know Him.

Matthew 26:15, 27:4. Where Judas betrayed Jesus, and later "repented"

John 16:8 and when he (Holy Spirit) has come, He will reprove the world of sin

Romans 7:16. Paul spoke about doing things that he didn't want to do

Proverbs 26:11. As a dog returns to his vomit, so a fool returneth to his folly.

### TEST #2 -- CAN YOU PRAY AND ASK GOD TO WATCH?

A professor posed this event to his class. If they found \$1,000,000.00 in cash, and that no one could ever find out about it, "What would they do?" Most people would keep it. Some would turn it in (and hope for a reward, or just out of a sense of correctness). But, there is a huge problem:

Luke 12:2. For there is nothing covered that shall not be revealed; neither hid that shall not be known

2 Chronicles 16:9 For the eyes of the Lord run to and fro throughout the whole earth

Hebrew 13:5. For I will NEVER LEAVE thee

The question is a lie. It is a set-up. No one can hide anything from God. Can you invite God to watch while you are "doing your thing?" 1 Corinthians 10:31. "... whatever ye do, do all to the glory of God."

#### TEST #4 -- LUST FOR MORE

There is another principle in the Bible. Galatians 6:7, "Be not deceived, God is not mocked, for whatever a man soweth, that shall he also reap. When you sow (plant) a corn seed, you get hand-fulls of corn. In other words, it multiplies. If you are in sin, it will just get worse, and worse, and worse. OK, so you want another verse. Try Romans 6:19, "...for just as you presented your members as slaves to impurity and to lawlessness, resulting in further lawlessness." You did one sin, but next time you need a bigger event. This is common among drug addicts.

TEST #5 -- Could you survive if you:

found a pornography magazine in the trash, or in the street?

turn on the TV in your hotel room, and see R rated sexual scenes?

a woman flirting with you when you have time and opportunity?

How, and where do you draw the line?

#### TEST #6 -- DO YOU LOOK?

Matthew 5:27-8, "You have heard that it was said by them of old, Thou shalt not commit adultery; But I say unto you that whoever looketh on a woman to lust after her hath committed adultery with her already in his heart."

OK. Now, what is the problem? Is it looking? No. We all have to look at people every day. If this were true, a blind person would have no problems. The problem is LUSTING. Lusting is part of our heart. And whenever you Masturbate, you are lusting for something (relationship, loneliness, pleasure, escape).

#### TEST #7 -- THE 11th COMMANDMENT?

Lets review the 10 commandments again. The first 9 have to deal with actions. The last one is a little different

Exodus 20:17 Thou shalt not covet thy neighbor's house; thou shalt not covet thy neighbor's wife, nor his manservant, nor his maidservant....

Please let me make a small change

Exodus 20:17 (modified) Thou shalt not lust after thy neighbor's house, thou shalt not lust after thy neighbors manservant, nor lust after his maidservant....

This commandment and deals with attitudes. When you masturbate, like it or not, you are lusting for a wife (woman).

#### TEST # 8 -- THE GOAL

The goal is NOT to "stop Masturbating." The goal is to be Godly.

Romans 6:13. Neither yield ye your members as instruments of unrighteousness unto sin, but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God

Ephesians 5:16 Redeem the time, because the days are evil.

I don't think you are going to be able to convince anyone that this is a Godly act.

THE REPORT CARD

I will bet that you didn't pass! Do you understand that this is serious? Here is the end-of-the-road.

2 Peter 2:20 "For, if after they have escaped the pollutions of the world [Masturbation] the pollutions of the world through the knowledge of the Lord and Saviour, Jesus Christ, they are again entangled in it, and overcome, the latter end is worse with them than the beginning. For it had been better for them not to have known the way of righteousness than after they have known it, to turn from the holy commandment delivered unto them"

Psalms 81:12 So I gave them up unto their hearts' desire [lust]...

Psalms 78:18 And they tempted God in their heart by asking for meat for their lust

## SUMMARY

### THESE ARE YOUR ENEMIES

Ephesians 2:2,3 In which in times past ye walked according to the course of THIS WORLD (advertising attitudes/everyone is doing it/TV/"authorities"), according to the PRINCE OF THE POWER OF THE AIR (gives you ideas, pushes you forward), the spirit that now worketh in the sons of disobedience; among whom also we all had our manner of life in times past in the lusts of our flesh, fulfilling the desires of the FLESH AND OF THE MIND (sensuality, thoughts) flesh and of the mind, and were by nature the children of wrath, even as others." Lets face it, you can NOT win against the enemies above by yourself!

THIS IS HOW YOUR ENEMIES DEFEAT YOU, James 1:14-15

1. LUST. there is a pre-programmed "desire" inside you that you think about
2. ENTICED with something that seems OK, and appeals to you
3. a little time for the desire to get strong enough so it will overpower you
4. SIN
5. DEATH

### JESUS IS THE ESCAPE

Suppose you are driving your SUV down the road, got stuck in a big mud-hole. You think, "I can handle that, and it would be fun." But, you get stuck. You try to get out by spinning the tires, but only dig yourself in deeper. What you need is a tow-truck. Jesus is that tow-truck. Only he can get you out. And Jesus is the only one that can keep you out.

1 Corinthians 10:13, "There hath no temptation taken you but such as is common to man; but God is faithful, who will not permit you to be tempted above that ye are able, but will with the temptation, also make the way to escape, that ye may be able to bear it." When He pulls you out of the mud, you must follow Him, he will take you on the safe paths.

## FAQ

1. Can I do it without thinking of a woman?

Let me ask you a question. How did you get excited in the first place? See Test questions #2, 6 & 8.

2. It is enjoyable. Food is also enjoyable, what is the difference.

Genesis 1:16, "and the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat;" In other words, if when you want to eat here is what you can, and can't eat. This also applies to sexual gratification, if you want it, get married.

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