

Spiritual Warfare

Basics

by
Dr. Mark I. Bubeck

Spirit to enable me to daily walk in the spiritual freedom promised me in God's holy Word. I reject, resist and refuse anything less. In the name and worthiness of my Lord Jesus Christ and by the intercessions of the Holy Spirit, I place these petitions before my Father in heaven.

ABOUT OUR CONFERENCE LEADER . . .

Mark I. Bubeck

Dr. Mark I. Bubeck's writing is widely respected for its biblical balance and conservative approach to a difficult subject matter. His first book The Adversary was published in 1975 and has become "must" reading for those seeking better understanding of the spiritual warfare of Christian believers. It's presently in its 26th printing and has sold more than 200,000 copies. His second book Overcoming the Adversary was published in 1984 and is in the 14th printing. Many Christian leaders have given these two books strong endorsement. In his book Stress Fractures, Charles R. Swindoll writes concerning The Adversary, "a book I heartily recommend, written by a capable author." (Pg. 205)

The Rise of Fallen Angels represents a major effort by Mark Bubeck to alert the Christian world to the urgent need for a revolutionary spiritual revival. Bubeck sees the resurgence of satanism in the western world as an alarming development that can only be addressed by a Christ-centered spiritual awakening. Mark Bubeck's 40 years of ministry as a pastoral leader and student of scripture have well equipped him to write with compassionate warmth and deep spiritual conviction. His vision for revival has been a lifetime burden of concern.

In 1987 Mark Bubeck took the lead in the founding of the International Center for Biblical Counseling. ICBC is an interdenominational ministry designed with the primary purpose to train and teach pastors, counselors, missionaries and other Christian workers the steps and procedures for helping demonically troubled people. Treatment of the demonically troubled is also a part of this ministry. A clinical psychologist and trained Christian counselors work with Dr. Bubeck in the development of ICBC.

Dr. Bubeck has traveled widely throughout the world in conference work and in teaching spiritual warfare principles. He makes his home in Sun City, Arizona and Sioux City, Iowa with his wife, Anita. His proven pastoral leadership and his strong Christian family provide added credibility to his writing credentials. After completing 10 years of pastoral leadership at Central Baptist Church in Sioux City, Dr. Bubeck resigned to take up his duties at ICBC. He and Mrs. Bubeck continue as supportive members of that thriving church.

Acknowledgement

All the following material in this conference notebook is written explicitly by Dr. Mark I. Bubeck (unless directly referred to and acknowledged by Dr. Bubeck) for use in his ministry through the International Center for Biblical Counseling. We acknowledge as follows:

© Mark I. Bubeck

A CRISIS TREATMENT SUGGESTION

In crisis situations where you suspect demonic bondage in your own life or the life of one close to you, the following procedures have brought release and freedom.

1. Set aside one day a week for fasting and prayer. Enlist others who may share your spiritual burden and concern.
2. Pray a brief doctrinal prayer of this kind each hour on the hour:

"In the name of my Lord Jesus Christ and by the power of His blood, I pull down all deceptive powers of darkness seeking to deceive and control _____ by _____. I command these powers of darkness to cease their wicked work and they must leave _____ and go where my Lord Jesus Christ sends them."

3. Continue to use this practice until relief is evident or until more direct and personal help is possible.

USE WHENEVER YOU SENSE BARRIERS OR STRESSED RELATIONSHIPS WITH ANOTHER:

"In the name of my Lord Jesus Christ and by the power of His blood I pull down all barriers and relationships between _____ and me that are being authored by Satan and the powers of darkness. I will only accept relationships between _____ and me that are authored by the Holy Spirit in the will of God."

I now ask that the Holy Spirit would look all through my conscious, unconscious and sub-conscious will for any control of wicked powers. Evict them now to where the Lord Jesus Christ is commanding them to go. Sweep my will totally clean from evil control and manipulation. May the Holy Spirit of the true and living God renew and sanctify my will fully for the glory of God. Will within me to do the will of God. May the Lordship of Jesus Christ be obediently lived out in my life by the Holy Spirit's full control of my will.

I offer my body in all of its parts and functions as an expression of my spiritual worship to my heavenly Father. I ask the Holy Spirit to look all through my body for any controlling activity of wicked spirits. Look all through my brain and central nervous system for any fallen spirit's affliction or control. Evict them totally away from this physical control center for the function of my mind and body. I offer my brain and its capacities for the quickening, renewing control of the Holy Spirit. Sanctify and refresh my brain so that it functions in spiritual harmony with Your control of my whole person. Look all through my body and sever any wicked spirit control of my senses of vision, hearing, smell, touch or taste. Look all through the organs of my body for any defiling work of the kingdom of darkness. Sanctify my body's organs and their function by the quickening work of the Holy Spirit.

I surrender all my physical appetites to Your lordship. I give to you my need and craving for food and drink. Examine and cleanse from demonic activity all the organs of my digestive system. Set apart my sexuality for the glory of God. Evict any work of the enemy in my sexual functions and organs. I surrender these to Your lordship, and I submit myself to Your holy plan for moral purity and sexual intimacy only in the bonds of marriage.

Evict any afflicting, evil powers totally away from every part of my body. Sanctify it in its entirety. I want my body to be a "holy body", not only in its standing in God's redemptive plan but also in its function. As a part of my spiritual worship to my Father in heaven, I offer my body as a living sacrifice to be used only for all that is acceptable in His sight.

I now yield up my whole person again to the true and living God and His full control. I ask the Father, Son and Holy Spirit to control me fully. I thank You for the freedom that You have effected within me during this time of prayer. I now look to the love of my heavenly Father, the lordship of Jesus Christ, and the ministry of the Holy

far above all principalities and supernatural powers of darkness and evil.

Lord Jesus Christ, I ask You to tell all of these powers of darkness assigned to afflict and rule over me where they must go. I want them out of my life and confined where they can never trouble me again. I yield fully to Your sovereign plan for my life and all of the purposes You have in this battle I have been facing. I ask You, Lord Jesus Christ, to tell them clearly where they must go.

(A brief pause is in order to honor the Lord Jesus Christ's work of addressing His authority and victory against those powers of darkness bound in accountability before Him.)

I now ask the Holy Spirit dwelling within my person to effect the will of the Lord Jesus Christ concerning these afflicting powers of darkness. Just as You forced them out of people's lives in response to Jesus' commands when He walked on this earth, I ask You to accomplish that for me now. I ask You, Spirit of the living God, to evict from my conscious, sub-conscious and unconscious mind all control of any wicked powers. Break all of their power and control over my thought processes. They must go where the Lord Jesus Christ sends them. Sweep them away and make my mind clear of any wicked spirit control. I now ask that the Holy Spirit would renew and sanctify my mind. Cleanse and take full control of my conscious, unconscious and sub-conscious mind, precious Holy Spirit. Set it totally apart for the Glory of God and the service of my Lord Jesus Christ. I deliberately yield my mind to the Lordship of Christ, the truth of God's Word and the will of my heavenly Father.

I now ask that the Holy Spirit would look all through my emotions on the conscious, sub-conscious and unconscious level. Evict any controlling powers of darkness and may the holy angels escort them to the place where the Lord Jesus Christ is commanding them to go. Clean them out and totally away from my person. I ask that the gracious Holy Spirit would take control of my emotions on every level of the function of my feelings. Sanctify my emotions. Fill my emotions with the Spirit's fruit of love, joy, peace, patience, gentleness, meekness, faithfulness and self-control. I welcome the Holy Spirit's internal control of my feelings. I look to the Spirit of God to sanctify and renew my emotions. I reach out to experience the Lord's plan for my emotional freedom and spiritual well being.

WHO YOU ARE

1. A person made in the image of God. Gen. 1:26, 27
 - a. God granted authority. Gen. 1:26
 - b. God granted blessing. Gen. 1:28-30

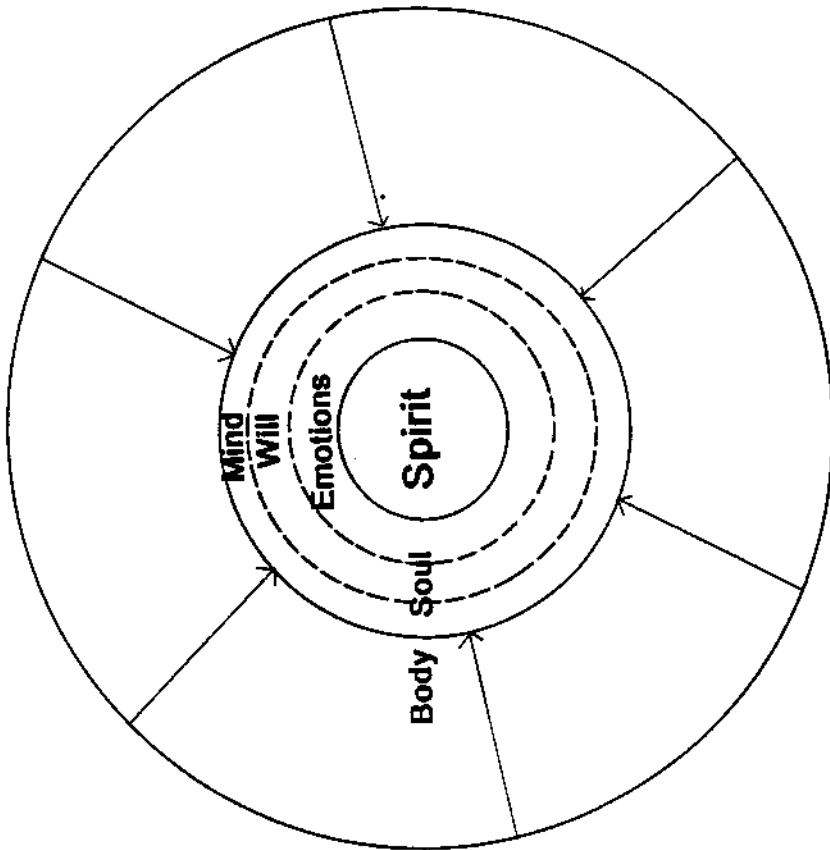
2. A person of value and dignity.
 - a. Our value is equal. We were all created by God as persons.
 - b. Personhood communicates dignity. God always treats us as persons. God never says "Hey you."

3. As persons we inherited a sinful condition from the fall of man. Gen. 3:1-13
 - a. To be sinful means you accept and believe error. Ps. 19:12; Rom. 4:15; 2 Tim. 4:10; Heb. 3:10.
 - b. To be sinful means you practice error. Rom 3:9-18, 23; Jas. 1:13-16; Jn. 8:33, 34; 1 Jn. 3:4; Jas. 5:20.
 - c. To be sinful means you inherited a nature that wants to sin. Rom. 5:12-21; Col. 3:5-8; Gal. 5:17-21.

4. Redeemed persons are lifted above fallen condemnation and are of great value.
 - a. Spiritual persons. Jn. 3:6; 1 Pet. 2:9, 10
 - b. Holy persons. 1 Cor. 1:2; Col. 3:12; Heb. 10:10, 14
 - c. Gifted Persons. Eph. 4:7; Rom 12:6-8.
 - d. Valuable persons. Col. 3:12; Rom. 5:8; Is. 43:1, 4.
 - e. Loved and Graced by God persons. Jn. 17:23; Jn. 15:9, 10.
 - f. Chosen for important service. 1 Pet. 2:5-9.

Based on material written by Dr. Victor Matthews

without difficulty. Counselors may feel free to use and reproduce this suggested procedure without permission from me. Since I do plan to put this procedure in a future book, it would be advisable to credit my name as being the author.



I worship and honor my heavenly Father, the Lord Jesus Christ and the Holy Spirit; the true and living God Who promised, "I will never leave you or forsake you." I welcome and honor the unseen presence of my Lord Jesus Christ who promised always to be with us when we meet in His name. I honor and thank You, Lord Jesus Christ, for Your invisible presence in this very place with us. I ask You to be in charge and to effect only Your will and plan in our lives. I yield fully to Your will in the eviction of any and all wicked spirit control from my life. I desire the Holy Spirit to do the sanctifying work within my whole person and being that He is there to do. I ask You, Lord Jesus Christ, to assign Your holy angels to protect us from any strategies of darkness designed to oppose this prayer for freedom. Keep Satan and all his opposing hosts of evil away from us. I also ask You to insure that wicked spirits evicted from my presence will depart quickly and directly to the place where You consign them to go.

In the Name of my Lord Jesus Christ and by the power of His blood, I affirm my authority over all wicked spirits assigned to control me and hinder my life and witness for Christ. I now command all lingering wicked spirits assigned to harass, rule and control me to cease their work and be bound in the presence of the Lord Jesus Christ. I bind in all back up systems and replacer wicked spirits assigned to rebuild evicted strongholds. They may not do that! I command all those spirits assigned against me to be and remain whole spirits. I forbid any dividing, restructuring or multiplying of wicked spirit activity against me. There is to be one way traffic of evil spirit activity out of my life and to the place the Lord Jesus Christ consigns them. I pull in from other family members all those wicked spirits working under the chain of authority established by the powers of darkness assigned to rule over me. I command them all to be bound together here in the presence of my Lord Jesus Christ in that spiritual realm where He dwells with me and they know His presence. I bind all of your wicked ears open and it is my will that you must hear and obey Him who is your Creator and Conqueror. I declare the Lord Jesus Christ to be my Redeemer and Lord. I affirm that God has seated me with Christ Jesus in the heavenly realms

"Through the power of the precious blood of my Lord Jesus Christ / I affirm that I have been redeemed / from all consequences / of the empty way of life / handed down to me and my family / in the sins and failures of my forefathers. In the name of my Lord Jesus Christ, I forbid / any powers of darkness / to try to control me or my family / because of the sinful ground given / by my generational lineage / going back three and four generations. / I affirm and claim / the death, burial and resurrection of my Lord Jesus Christ / to be fully sufficient / to set me and the family for which I am responsible / totally free from all generational transfer / or the powers of darkness."

- (3) The above renunciations have great importance to the parents of adopted children, whose blood parents may still be living and giving ground to the work of Satan's kingdom. As the legal adoptive parents they have great responsibility and authority to protect their adopted children.

These notes on Round Up Procedures are by Mark I. Bubeck and may be reproduced for free distribution when properly acknowledged.

Suggested "Round-up Procedures" for Eviction of Controlling Wicked Spirits after going through the Steps to Freedom Process

Spiritual renewal and dedication of one's whole person to the Lordship of Jesus Christ can bring a helpful conclusion to the process of going through the steps to freedom. I have developed a process to help effect that spiritual work of God in the counselee's life. The counselee should be encouraged to make the process his/her own expression of the desire of the heart. Sometimes the counselee may wish to add to the words you are using to lead him/her through the eviction and dedication process. Encourage that. It is also helpful to the counselee to have a process of this nature available for future times when a sense of "dryness" or severe battle may be evident in one's spiritual life.

It is best to use this procedure immediately after completing the process of working through Neil Anderson's "Steps to Freedom" or your own adaptation of these steps. Have the counselee repeat your words as you lead. Keep your phrases concise and short enough for the counselee to repeat them

THREE IMPORTANT MATTERS to keep in mind in studying Spiritual Warfare:

1. BE BALANCED
2. BE BIBLICAL
3. BE BRAVE

We have three enemies set forth in Scripture with which we must deal to be effective Christians:

1. AN INTERNAL ENEMY = Flesh
Jas. 4:1-3; Mt. 15:10-20; Mark 7:20-23
2. AN EXTERNAL ENEMY = The World
a. Alon - Rom. 12:1-3; II Cor. 4:4 = Philosophy, teaching, prevailing attitude (over 40 times)
b. Kosmos - Jas. 4:4-6; I Jn. 2:15-17 = The organized structure, the system of function (over 160 times)
3. OUR INFERNAL ENEMY = Satan and his kingdom Jas. 4:7-10; Eph. 6:10-18; I Pet. 5:6-9

WHAT ARE THE BASIC THINGS I NEED TO KNOW ABOUT EACH OF THESE ENEMIES?

- I need to know a biblical definition of each enemy.
- I need to know how each enemy is going to tempt me.
- How can I distinguish one from the other.
- I need to know what God has provided for me to walk in victory over each enemy.

1. WHAT IS MY "FLESH"?

Our flesh describes an internal part of my very person that I inherited from the Fall. It is totally wicked and depraved. It can never be reformed or improved because it flows out from God's judgment upon sin of the Fall.

2. HOW DOES MY FLESH TEMPT ME TO SIN AND DO EVIL?

God has told me just how my flesh will tempt me in several important lists in Scripture. Col. 3:5-10; Gal. 5:19-21; Matt. 15:18-20; Mk. 7:20-23

- Moral, sexual sins
- Spiritual sins
- Social sins

It is good to memorize such lists so that we will know the source of our temptation.

3. WHAT HAS GOD DESIGNED TO BE MY VICTORY OVER MY FLESH AND HOW DO I APPLY THIS VICTORY?

a. WALK OF HONESTY. Gal. 5:19-21

"Lord, my old, wicked sin nature is tempting me to engage in the fleshly sin of _____ and I know it's wicked enough to _____"

b. WALK OF DEATH. Gal. 5:24; Rom 6: 11, 12

"Lord Jesus Christ, I affirm that I am dead with You to the rule and control of my flesh and this temptation to _____"

c. WALK IN THE SPIRIT. Gal. 5:16, 18, 25, 22-23

"I invite the Holy Spirit right now to supplant and replace this fleshly temptation to _____ with the fruit of His control. (love, joy, peace, patience, gentleness, kindness, meekness, faithfulness and self-control)"

d. In case ground has been given to Satan's kingdom, we will need to add a fourth step to defeat the fleshly sin that may have become an area of demonic control. Eph. 4:17-27

"In the name of my Lord Jesus Christ and by the power of His blood, I come against the unclean spirit of _____ and all of his hosts. I command you to cease your work against me, and you and your host must leave me and go where my Lord Jesus Christ sends you."

"I renounce my repeated yielding / to my besetting sin of (name the sin) / as an act that gives ground or place / for the rule of unclean spirits in my life. / I ask that the blood of my Lord Jesus Christ / would cleanse me of all the soil and power / of this besetting sin. / I ask that my Lord Jesus Christ / would reclaim all the ground that I've given / by this oft repeated sin. / In the name of my Lord Jesus Christ and by the power of His blood, / I command the unclean spirit of (name besetting sin) / and all of his hosts / to leave my presence, / and you must all go where my Lord Jesus Christ consigns you."

g. Renounce all sins of your generational or ancestral lineage that Satan and his demons want to claim against you. c.f. Exo. 20:4, 5 with I Pet. 1:13-21.

- i. Recognize that generational transfer claim by the powers of darkness is somewhat controversial.
 - (1) Little in-depth biblical study has been done.
 - (2) Careful balanced biblical study is needed.
 - (3) Personal claim on personal grounds is always more significant than generational ground.

ii. Recognize that generational transfer claim does need to be treated with sober care.

- (1) It helps explain demonic activity in the lives of little children. (See Mk. 9:14-29).
 - (2) Generational claim provides insight into the "third and fourth" generational consequence of the sins of the fathers. Ex. 20:4, 5.
 - (3) The experience of warfare counselors bears witness that the powers of darkness freely express such claim.
- iii. Renounce generational or ancestral claim with deliberate rejection of all such transfer on the basis of Christ's atoning blood. I Pet. 1:13-21.

- (1) A deliberate renouncing of all generational claims should be of this kind.
- (2) When those in our immediate family lineage are living a lifestyle that gives much ground to the enemy, a continuing renunciation of transfer claim should be affirmed (i.e., grandparents, parents, brothers or sisters)

VICTORY OVER SATAN'S KINGDOM

Three words to keep in mind in spiritual warfare:

- Be balanced
- Be biblical
- Be brave

BALANCE

1. Do not ignore Satan's kingdom and underestimate his considerable power. Jude 8-10
2. Do not overestimate Satan's kingdom and fear his considerable power.
 - a. Some see him as almost equal with God in power.
 - b. They develop a great fear of the Devil. God's power is infinitely greater than Satan's power. Believers who yield themselves to their Lord and walk with Him have nothing to fear from Satan and all of his organized kingdom.
 Ill.: Trip into Romania
 Ill.: Horst Gerlach

3. Develop a biblical view of Satan and his kingdom.

- a. Know who he is: a fallen angel – Still can only operate within the power God gave him at his creation.
- b. Know how his kingdom is organized. Col. 1:16; Eph. 6:11, 12
- c. Know how Satan tempts believers.
- d. Know your victory over Satan's kingdom. Eph. 6:10-18

- i. Go through the list of fleshly sins in Galatians 5:19-21 with prayerful honesty.
- ii. Make a list of the besetting sins that have or are ruling and controlling you.

- (1) The moral sins involving other people are uniquely significant.
 - (a) In fornication, adultery or homosexuality, God's plan of intimate oneness in sexual union makes the participants very vulnerable.
 - (b) The probability of demonic transfer from one person to another by such sin is very strong.
 - (c) A listing of all such partners is in order with a renunciation of this type over each union:

"I renounce my sexual union with (name person/s) / as a sin against God and my own body. / I ask the cleansing blood of my Lord Jesus Christ / to free me from the guilt and ground I've given / by my sexual union with (name person) / . I renounce the bonding oneness with (name person) / that took place in the sexual act, / and I ask that I be freed from the consequences of all such bonding. / I renounce all wicked spirits / that have transfer claim against me / because of that sexual sin. / In the name of my Lord Jesus Christ / I break and renounce all such transfer claim. I ask the Lord Jesus Christ / to send any and all transferred powers of darkness / to where He wants them to go."

- (2) All besetting sins that have ruled and controlled you must be confessed and renounced. They also must be conquered by the provided grace to overcome our fleshly sins.
 - (a) The walk of honesty. Gal. 5:19-21
 - (b) The walk of death. Gal. 5:24; Rom. 6:10-12
 - (c) Walk in the Spirit. Gal. 5:22, 23 (Study carefully Chapter 2 "Warfare With The Flesh," in The Adversary.)
- (3) Recognize that practicing sins of the flesh gives ground to Satan. Eph. 4:17-30.
- (4) Renounce in a deliberate manner the ground given by repeatedly yielding to a besetting sin.

iii. Dismiss any controlling spirit of rebellion with resisting command of this nature.

"In the name of my Lord Jesus Christ / and by the power of His blood, / I command all rebellious demonic powers / seeking to rule over me / to leave my presence, and you must go / where my Lord Jesus Christ sends you."

e. Renounce all prideful expression of self and claim God's grace for a humble heart.

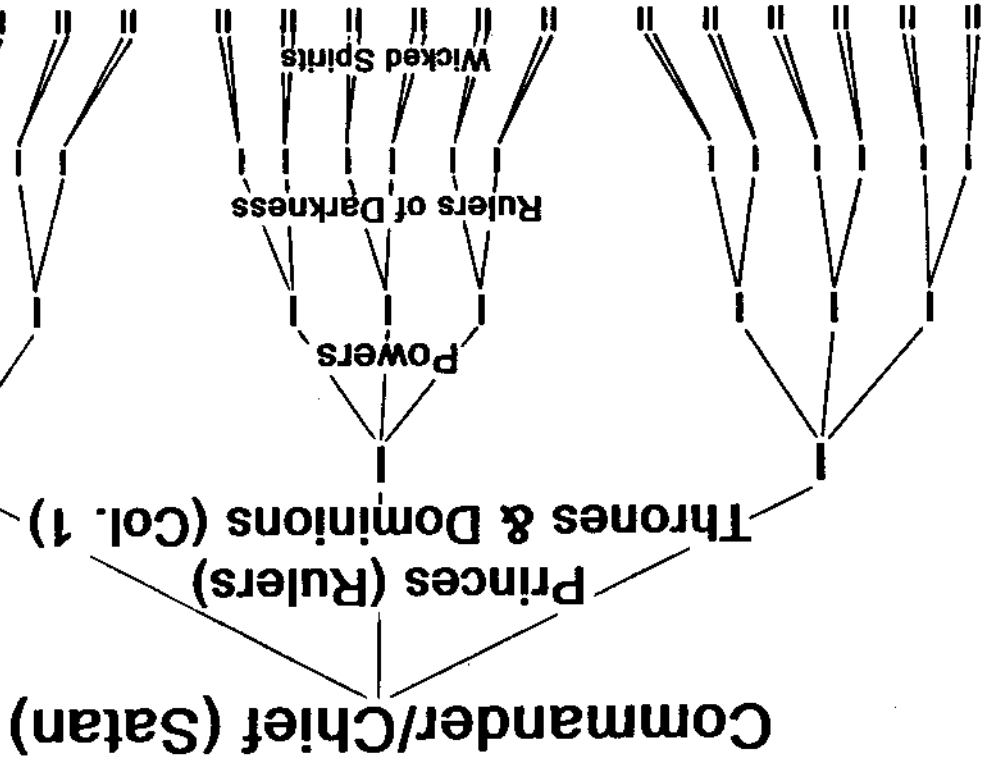
i. Recognize that pride was at the core of Satan's fall. Is. 14:11-14; Ezk. 28:1-19 (15-19)

- (1) Pride is our private attempt to claim to ourselves what belongs to God. Jas. 4:6-10; 1 Pet. 5:1-10.
- (2) Desire for God to grant you a humble heart. Phil. 3:3; Jas. 4:7-10.
- (3) Make a list of all the ways you see sinful pride in your life.

ii. Renounce expressions of pride by direct renunciation of this type:

"In the name of my Lord Jesus Christ, / I renounce and confess the sin / of my prideful expressions by (name offense). / I ask my Lord Jesus Christ / to reclaim the ground / such pride has given to Satan's kingdom. / May the precious blood of my Lord Jesus Christ / wash me clean from the soil of this sinful pride. / I ask my Lord to grant to me / the grace of a yielded, humble heart before Him. I here and now resist / all prideful demonic attempt to rule over me. / In the name of my Lord Jesus Christ / I command prideful spirits and all of their hosts / to leave me and to go where my Lord Jesus Christ sends them."

f. Renounce those besetting fleshly sins that have in the past or now are holding you in bondage.



"I ask my Lord Jesus Christ / to reclaim all ground in my life / that Satan's kingdom has claimed / because of my unforgiving bitterness. / In the name of my Lord Jesus Christ / and by the power of His blood, / I command all powers of darkness / having assignment against me / because of my unforgiving ways / to leave me, and you must go / where my Lord Jesus Christ send you."

d. Renounce all expressions of rebellion and your lack of submission to God's will and plan. I Sam. 15:7-23 (22, 23)

i. Ask the Lord to reveal to you all expressions of your rebellion against His authority over you.

(1) Personal spiritual attitudes of rebellion.

- (a) His call upon You or his appointed place of service.
- (b) Areas of willful disobedience.
- (c) Areas of complaint and disappointment.

(2) Rebellion involving constituted authority over you.

- (a) Civil government. Rom. 13:1-5; I Pet. 2:13-17
- (b) Parents. Eph. 6:1-3
- (c) Husband or wife. I Pet. 3:1, 2
- (d) Employer. Eph. 6:4-9; I Pet. 2:18-21
- (e) Church leaders. Heb. 13:17.

Specifically renounce each act of rebellion on your list in this manner:

"Loving Heavenly Father, I confess that my sin / of rebelling against (name offense) / is as the sin of witchcraft / before your holy eyes. / I ask my Lord Jesus Christ / to reclaim all ground I've given / to Satan's kingdom by this rebellion / and to cleanse me by His blood / from all the soil of my rebellious wrong. / May the Holy Spirit grant to me / the fruit of his submissive control / over my mind, will, emotions and body."

How Satan Tempts Believers

1. He tempts believers to be fearful. I Pet. 5:8, 9
2. He tempts us to question God's Word, God's attributes and God's Will. Gen. 3:1-6
3. He tempts us to deceive and to be deceived. Jn. 8:44, Acts 5:1-4
4. He accuses believers. Rev. 12:10-12
5. He tempts us to destroy our lives or to take our lives. Heb. 2:14, 15; Jn. 8:43-45
6. He tempts us to excuse our fleshly sins to take advantage over believers. Eph. 4:17-29
7. He seeks to get us to justify our lack of forgiveness.
 - Toward others. Matt. 18:21-35
 - Toward self. Jn. 21:15-19; cf., Luke 22:31-37
8. He tempts us to pride. I Tim. 3:6, 7
9. To use God's power for personal gain. Luke 4:1-4
10. To desire his power and to worship him. Luke 4:5-8
11. To test God's Word and God's promises. Luke 4:9-13

FOUR CITADELS THAT MAKE BELIEVERS INVINCIBLE OVER SATAN'S KINGDOM

Eph. 6:10-18

1. Our Union with Jesus Christ. Eph. 6:10a
"Be strong in the Lord."
 1. In His name.
 2. In His incarnation.
 3. In His Cross.
 4. In His Resurrection
 5. In His Ascension.
 6. In His glorification.
 7. In His Return.
2. The Person and Work of the Holy Spirit. Eph. 6:10b
"Be strong—in his mighty power."
 1. Convicting
 2. Indwelling
 3. Sealing
 4. Baptizing
 5. Quickening
 6. Interceding
 7. Filing
3. The whole armor of God.
 1. Belt of Truth
 2. Breastplate of Righteousness
 3. Shoes of Peace
 4. Shield of Faith
 5. Helmet of Salvation
 6. Sword of the Spirit

4. The Allness of Prayer. Eph. 6:18-20
 - a. The Paraclete of Prayer—in the Spirit
 - b. The Persistence of Prayer—all occasions
 - c. The Parameters of Prayer—all kinds
 - d. The Protection of Prayer—be alert
 - e. The Panorama of Prayer—all saints
 - f. The Projection of Prayer—for me
 - i. Prepared words
 - ii. Penetrating words
 - iii. Courageous words

- ii. Recognize that forgiveness requires deliberate, willful action.
 - (1) All forgiveness must be based upon Christ's total forgiveness of the believer. Col. 1:13; 2 Cor. 5:21; Rom. 6:10.
 - (2) Forgiveness is based on a choice of the will, a conscious decision to let the offender off the hook and thus to free yourself from the past.
 - (3) Forgiveness is dealing with the truth of your hurt and the other person's wrong by a decision to forgive and leave the matter totally to God.

iii. Helps toward practicing forgiveness.

- (1) Make a list of everyone who has offended or hurt you. Ask the Lord to help you remember each one you need to remember. (You may need to include God and even yourself.)
- (2) Write out the nature of your hurt and hate in each situation. Be honest and express how you feel. Let some tears flow if they will.
- (3) If at all possible, work through Neil Anderson's 12 steps to forgiveness in his book *Victory Over the Darkness*.
- (4) Verbalize a prayer of forgiveness and renunciation of your bitterness toward each person and incident in this manner:

"Lord Jesus Christ, I've come to see/ that I've sinned against You and my Heavenly Father / by harboring resentment, hurt and bitterness / against (name the person) for his offense against me. / Please cleanse me of this wickedness, / and I now choose to forgive (name the person) / for that wrong unconditionally and totally / just as you forgave me all my sins.

- (5) After you've been through your list another resistance prayer of authoritative command is in order.

"The slash marks (/) are pause points when you are helping a counselee to verbally repeat after you these renunciations.

SEVEN STEPS TOWARD EXPERIENCING PERSONAL FREEDOM FROM DEMONIZATION

Why important

a. **For one's personal freedom.**
Many believers have given ground to the kingdom of darkness by past sinful practices. It is a spiritually healthful exercise to systematically confess and renounce these areas that demonic powers seek to claim against believers.

b. **For a transferable tool that each believer may use to help other believers stand in their freedom.**

1. An Essential Foundation

Be sure that you've personally received the Lord Jesus Christ and are trusting Him alone for the forgiveness of your sins and the receiving of eternal life.

a. Ask the "Coral Ridge Evangelism Explosion" qualifying questions.

- i. Have you come to the place in your spiritual life where you know for certain that if you were to die today, that you'd go to heaven?
- ii. If you should die and stand before the Lord and He were to ask, "Why should I let you into my heaven?" What would you say? (Watch for a works answer and help to clarify by using the Four Spiritual Laws or other approach.)

b. Sometimes troubled people (one assumes to be believers) just need to be led to salvation. After leading to salvation, lead them through a renunciation prayer of this kind:

"In the name of my Lord Jesus Christ and by the power of His blood, I here and now renounce and disown all those ways in which I have given any ground to Satan and his demon powers. I ask my Lord Jesus Christ to evict from my life any controlling powers of darkness and to send them where they may never control or trouble me again."

c. Watch for the new believer experiencing any adverse sensations or spiritual attack as the renunciation is verbalized. Such attacks may indicate a need to carefully go through the steps to freedom.

iii. Affirm your dedication to know and live out only God's truth.

- (1) Doctrinally pray daily (See 140 of The Adversary)
- (2) Memorize God's Word. "Word of Truth"
- (3) Meditate on the Person and Work of Christ. "Person of Truth."
- (4) Meditate on the Holy Spirit's ministries. "Spirit of Truth."
- (5) Be in a strong, Bible-preaching church. "Pillar and foundation of truth."

iv. Renounce and take back the ground of lying and believing deception.

"Loving Lord Jesus Christ, I recognize that I've been deceived / by practicing and believing in the lying ways / of Satan's native language. / I specifically renounce my practice of lying / by (name way) / and I ask that the blood of Jesus Christ / would claim back / all ground Satan's kingdom is claiming against me / because of my participation in this lie."

v. After covering all areas of lying on your list, add this authoritative command:

"In the name of my Lord Jesus Christ and by the Power of His blood / I command every wicked spirit having assignment against me / because of my telling lies and believing lies / to leave my presence. / You and all of your hosts / must leave my presence, / and you must go where the Lord Jesus Christ sends you."

c. Renounce and rid yourself of all bitterness and the lack of forgiveness of others.

- i. Recognize that an unforgiving attitude is a very serious matter.
 - (1) Unforgiveness gives Satan an advantage over us. 2 Cor. 2:10, 11
 - (2) Unforgiveness causes God to discipline believers; sometimes by allowing demonic activity. See Matt. 18:15-35 (34, 35).

"The slash marks (/) are pause points when you are helping a counselee to verbally repeat after you these renunciations.

2. STEPS TO FREEDOM

As you proceed through the steps to freedom, severe demonic assault may try to manifest. It is usually wise to not allow this to happen. As a manifestation begins to emerge use an authoritative command such as this:

"The slash marks (/) are pause points when you are helping a counselee to verbally repeat after you these renunciations.

"In the name of my Lord Jesus Christ, I forbid any demonic manifestation that is attempting to interfere with this renunciation. By the power of the blood of the Lord Jesus Christ, I keep you subdued and unable to manifest in any way while I am working through this renunciation."

a. Renounce all involvements with false religions, occult practices, divinations, magic, sorcery, witchcraft, spiritistic healing and such like.

i. Renounce forgotten involvements.

- (1) Spiritistic rituals at birth or in infancy.
- (2) Satanic ritual abuse activities in which you may have been forced to participate as a child.
- (3) Any repressed memories too traumatic to remember that gave the enemy ground.
(Fears, deaths, injuries.)
- (4) Spiritistic healing in infancy or childhood to which you may have been exposed.

ii. Renounce all remembered involvements.

Ask the Holy Spirit to bring to mind any spiritistic involvements you need to renounce.

- (1) Make a list of all those the Holy Spirit enables you to remember.
- (2) Use a checklist to assist you in recall.
The iCBC confidential personal data sheet has a comprehensive checklist that will help you explore most questionable areas. (Copies are available).
- (3) Examine and discuss questionable areas. III.: Missionary taking off shoes at a Buddhist funeral.
- (4) Deliberately renounce each involvement in a verbalized prayer of this type:

"Lord Jesus Christ, I confess that I have been involved/in the false belief of (name of offense) / I ask your cleansing and forgiveness, / and I renounce (offense) / as a sinful counterfeit of true Christianity. / I ask my Lord Jesus Christ / to claim back all ground / Satan's kingdom is claiming against me / because of such involvement."

- (5) After working through your list with the above renunciation, add this freeing, authoritative command against any controlling powers of darkness:

"In the name of my Lord Jesus Christ and by the power of His blood, / I command every wicked spirit who has assignment against me / because of my spiritistic practices / and occult sins of any kind / to leave my presence / and you and all your hosts must go / where the Lord Jesus Christ sends you."

b. Renounce all deception with which you are or have been involved.
John 8:44

i. Renounce all practices of lying that have been a part of your life.

- (1) Deliberate lies, half truths, and all deceptive practices must be honestly faced.
- (2) Deception is Satan's chief tool against us.
- (3) Ask your Lord to bring all of your lying ways to your consciousness.

ii. Renounce all deceptive lies that you have believed and acted upon.

- (1) Unbiblical view of your self worth.
- (2) Judgmental attitude toward other believers.
- (3) Questioning of God's love and goodness.
- (4) Accepting fears and living them out.

These steps to freedom are based on those first advanced by Dr. Neil T. Anderson in The Bondage Breaker.

"The slash marks (/) are pause points when you are helping a counselee to verbally repeat after you these renunciations.