

WHAT IS THE TRUTH?

Our Old Programming How I FEEL

1. I am unloved
2. I am unacceptable
3. I am unworthy
4. I am inadequate
5. I am a failure
6. I am fearful
7. I am anxious
8. I am weak
9. I am not very smart or good enough
10. I am in bondage
11. I am unwanted and belong to no one
12. I feel guilty
13. I am depressed
14. There is nothing special about me
15. I am hopeless
16. I feel condemned
17. I am alone
18. I can't reach God
19. I am afraid of Satan
20. I have no confidence

Our Blessings in Christ (What is TRUE about me)

- I am very loved - John 15:9; Romans 8:35-39;
Eph 2:4-6; I John 3:16; 4:10, 19
- I am accepted - John 15:15-16; Eph 1:3-6
- I am worthy - Romans 8:31-34; I Cor 6:19-20;
II Cor. 5:21
- I am adequate - II Cor 2:14; 3:5-6; 12:9; Phil 4:13
- I am victorious - Rom 8:37; II Cor 2:14; I John 5:4
- I am free from fear - Psa 4:8; 27:1; 32:7;
II Tim 1:7; I John 4:18
- I am content - Psa. 4:8; 37:5; 55:22; Phil 4:6-7, 11;
Heb 13:5; I Pet 5:7
- I am strong in Christ - Acts 1:8; II Cor 12:9-10;
Eph 1:19; 3:16; Phil 4:13
- I have God's wisdom - John 15:15; 16:13-14;
I Cor 1:30; James 1:5; I John 2:20-21,27
- I am free - John 8:32, 36; II Cor 3:17; Gal 5:1,13a
- I have been adopted by God and am His child -
Rom 8:16,17; Gal 4:5-7; I John 3:2
- I am totally forgiven - Eph 1:7; 2:13; Col 1:14
- I have the joy of the Lord - John 15:11; 17:13;
Rom 15:13; I John 1:4
- I have been chosen, set apart by God - John 15:16;
I Cor 1:30; 6:11; I Peter 2:9
- I have all the hope I need - Rom 8:20-25, 15:4,13;
Col 1:26-27 I Pet 1:3
- I am blameless - John 3:18; 5:24; Rom 8:1
- I am never alone - Rom 8:38-39; Heb 13:5
- I have access to God - Eph 2:18; Heb 4:14-16;
I Pet 2:5,9; I John 5:14-15
- I have authority over Satan - Col 1:13; I John 4:4;
Rev 12:7-11
- I have all the confidence I need - Prov 3:26;
14:26; 28:1; Eph 3:12; Phil 1:6; Heb 10:19;
I John 5:14